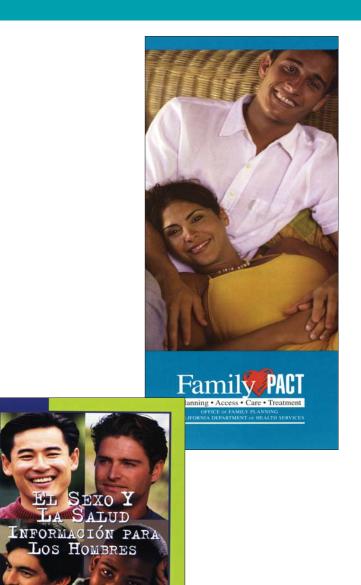


Catalog

Client
Education
&
Counseling
Materials





2007



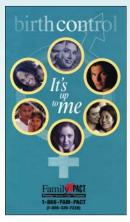
As Family PACT providers, you have access to a wealth of easy-to-read client education materials that will be sure to enhance the counseling and education you provide your clients. Take advantage of these materials available at no cost to you.

Take some time to browse through this catalog. You can find the Family PACT order form at www.FamilyPACT.org. Fax your order to 1-888-723-3667.

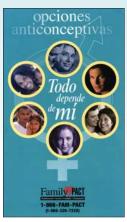
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Birth Control Methods







OF4018 Spn

Birth Control: It's Up to Me

This 24-page booklet provides your clients with an overview of basic information about each method. It discusses the benefits and risks of each method and compares effectiveness rates. It is intended to help clients narrow down their choices. Written at the 7th grade level, it is available in English and Spanish.



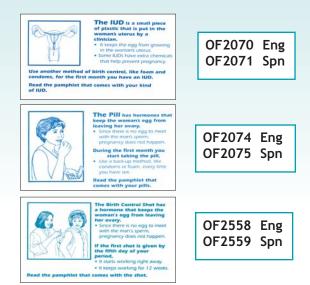
OF3023 Eng



OF3024 Spn

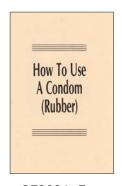
It's Not Too Late

This two-fold brochure lets your clients know about the availability of EC pills when they've had unprotected sex for any reason. This useful outreach tool gives basic information about EC. Written at the 4th grade level, it is available in English and Spanish.



IUD, Pill, and Shot Wallet Cards

Designed for clients who have chosen one of these methods, each wallet card provides information on the method, including possible danger signs. Written at the 3rd grade level, each is available in English and Spanish.



OF2021 Eng



OF2022 Spn

How to Use a Condom

This pocket-sized pamphlet with helpful illustrations highlights how to use and store condoms. Written at the 5th grade level, it is available in English and Spanish.

Birth Control Methods continued

Birth Control Information Sheets

Each of these two-sided information sheets provide your clients with answers to commonly-asked questions about a specific birth control method. Each sheet explains how the birth control method works, how it is used, the pros and cons, and what problems may be encountered. Topics include:

- Emergency Contraceptive Pills
- · Female Condom
- · Condoms and Foam
- IUD
- Birth Control Pill
- · Birth Control Shot

Written at the 4th grade level, all are available in English and Spanish. The Birth Control Shot, IUD and the Pill are also available in Chinese, Korean and Vietnamese.









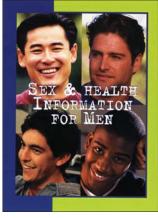




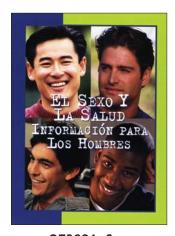
Men's Reproductive Health

Sex & Health Information for Men

This 12-page booklet is designed specifically for men and encourages them to get the information and services they need to protect their reproductive health. It covers the topics of STDs, birth control methods, and how to access Family PACT services. Written at the 3rd grade level, it is available in English and Spanish.

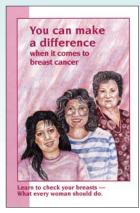


OF3025 Eng



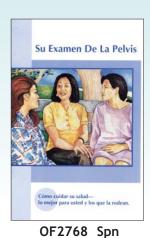
OF3026 Spn

Cancer Screening





Your Pelvic Exam Take good care of your health— for you and those you care about OF2767 Eng



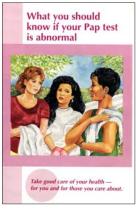
OF2590 Eng OF2591 Spn

You Can Make a Difference When It Comes to **Breast Cancer**

This 6-panel pamphlet teaches your client how to check her breasts on a monthly basis and emphasizes the importance of clinical exams. It discusses mammography and what to do if a lump is found. Written at the 4th grade level, it is available in English and Spanish.

Your Pelvic Exam: What You Need to Know

This 8-page booklet highlights what happens during a pelvic exam and how to prepare for it. It explains the benefits of getting regular Pap tests. Written at the 4th grade level, it is available in English and Spanish.

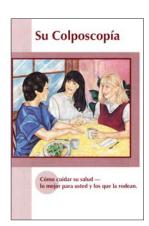




OF2667 Eng

OF2668 Spn

Your Colposcopy Exam OF2769 Eng



OF2770 Spn

Your Colposcopy Exam: What You Need To Know

Your Abnormal Pap Test: What You Need to Know

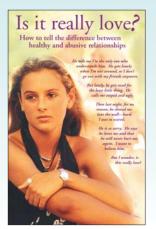
This 12-page beautifully-illustrated booklet discusses what an abnormal Pap test may mean and the importance of getting follow-up exams. It covers a variety of treatment options. Written at the 4th grade level, it is available in English and Spanish.

This 8-page booklet discusses what happens during a colposcopy exam and how to get ready for it. It provides basic information on informed consent for biopsy and aftercare. Written at the 4th grade level, it is available in English and Spanish.

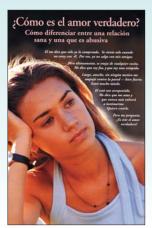
Intimate Partner Violence

Is It Really Love?

This 20-page, full-color booklet looks at healthy relationships through the eyes of teenage women. Each section includes quizzes on subjects such as knowing yourself, beliefs and values, respect and disrespect, understanding real love, managing feelings, and making decisions. The booklet also provides information on staying safe, how to help others, and useful contacts. Great for classrooms and discussion groups. Written at the 5th grade level, it is available in English and Spanish.







OF4013 Spn

Love is... Wallet Card

This six-panel, trifold wallet card can be given to teens in abusive relationships. The easy-to-conceal format (3" x 2") includes emergency resources and a list of steps teens can take to stay safe. Written at the 2nd grade level, it is available in English and Spanish.



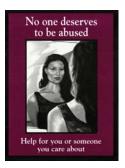
OF4014 Eng



OF4015 Spn

No One Deserves to Be Abused

This 8-page pocket-sized booklet is designed to support women and features personal stories from women who have been in abusive relationships. It highlights making a plan to stay safe and gives suggestions for friends and family members. Written at the 3rd grade level, it is available in English and Spanish.



OF2759 Eng



OF2760 Spn

Everyone Has the Right to Live Free from Abuse

This wallet card designed specifically for women in abusive relationship highlights the key steps to getting help. Written at the 4th grade level, it is available in English and Spanish.



OF2778 Eng

Todos tenemos derecho a vivir sin que nos abusen.

- No se merece que la lastimen.
- No merece vivir siempre con miedo.

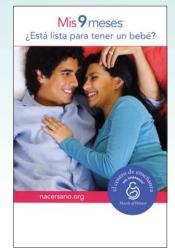
OF2779 Spn

Preconception and Pregnancy

Are You Ready for a Baby?

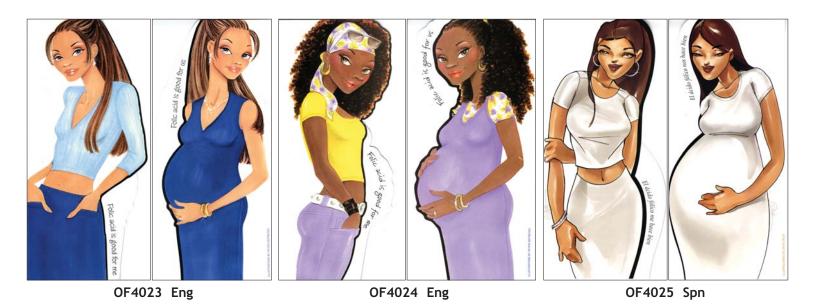
This easy-to-read booklet helps moms- and dads-to-be answer the question, "Are you ready for a baby?" It includes advice on quitting bad habits, taking folic acid and visiting a health care provider. Written at the 5th grade level, it is available in English and Spanish.





OF4026 Eng

OF4027 Spn



Folic Acid is Good for Me/ Folic Acid is Good for Us

This uniquely designed pamphlet encourages women of childbearing age to think about taking folic acid even if they are not yet ready to have children. The text explains the various ways in which folic acid promotes good health before, during and after pregnancy. Written at the 9th grade level, it is available in English and Spanish.

Sexually Transmitted Infections







OF4022 Spn



OF2025 Eng



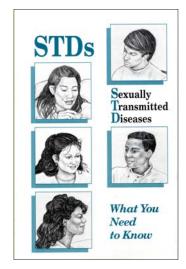
OF2026 Spn

HIV Facts

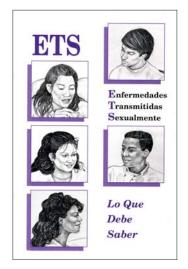
This graph gives clients valuable HIV prevention facts all in one glance. It explains what HIV is, discusses risk assessment, testing, and prevention. Written at the 6th grade level, it is available in English and Spanish.

STD Facts

This handy pamphlet provides all clients with information about eight common STDs, including symptoms of each one, how it spreads, and how to protect against STD infection. Perfect for classroom presentations. Written at the 7th grade level, it is available in English and Spanish.



OF2532 Eng



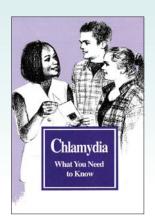
OF2533 Spn

STDs: What You Need to Know

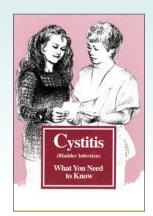
This 8-page booklet focuses on what clients can do to prevent STDs. It gives suggestions for partner communication and explains how to use the male and female condoms. Written at the 4th grade level, it is available in English and Spanish.

Sexually Transmitted Infections

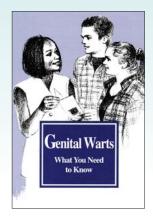
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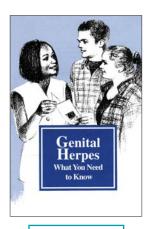
OF2701 Eng OF2702 Spn



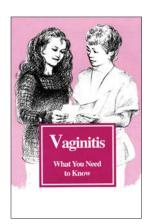
OF2703 Eng OF2704 Spn



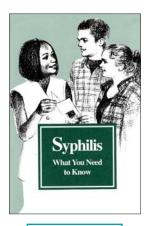
OF2707 Eng OF2708 Spn



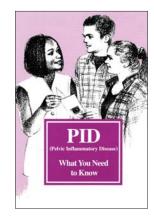
OF2705 Eng OF2706 Spn



OF2715 Eng OF2716 Spn



OF2713 Eng OF2714 Spn



OF2711 Eng OF2712 Spn

Infection Series

This series of 4-panel pamphlets are designed specifically for clients who have been diagnosed with a Reproductive Tract Infection. Each pamphlet highlights how the infection was acquired, the importance of treatment, and what can be done to prevent recurrences. Written at the 3rd grade level, each is available in English and Spanish. Topics include:

- Chlamydia
- Genital Herpes
- PID

- Cystitis
- Vaginitis
- Genital Warts
- Syphilis

Program Materials



OF3001 Eng OF3002 Spn OF3003 Viet OF3005 Kor OF3006 Man OF3007 Hmg OF3008 Cam







OF3010 Spn

Family PACT Panel Card

This two-sided panel card describes the types of services and birth control methods offered by Family PACT providers. Written at the 3rd grade level, it is available in English, Spanish, Vietnamese, Korean, Chinese (Mandarin), Hmong, and Khmer (Cambodian).



OF2080 Eng

Family PACT Brochure

This attractive full-color brochure explains to the public what services and birth control methods the Family PACT program provides for clients. Written at the 3rd grade level, it is available in English and Spanish.

Family PACT Patient Rights Poster

This 17 by 22-inch poster states the rights of any Family PACT client. These rights include the right to be treated with dignity and the right to adequate and objective education and counseling. Written at the 11th grade level, it is available in English and Spanish.

Outreach Posters

Family PACT Poster — General

With one bold message, this 18 by 22-inch poster is a general awareness-raising poster for the Family PACT program. The poster states that Family PACT provides no cost, confidential pregnancy prevention services and sexually transmitted infection services and treatment, and gives the Family PACT phone number. This poster is available in English and Spanish.



OF4001 Eng OF4002 Spn

Family PACT Poster — Male

This poster stresses a man's responsibility in preventing pregnancy. A sentence about the Family PACT program and the Family PACT phone number are provided in the bottom right-hand corner of the poster. The English poster is 24 by 12 inches, and the Spanish poster is 18 by 22 inches.

Family PACT Poster — Teen

This 18 by 22-inch poster conveys the idea that having a baby as a teen can greatly affect a young woman's future, making it hard for her to finish high school and fulfill her dreams. A sentence about the Family PACT program and the phone number are provided in the bottom right-hand corner of the poster. This poster is available in English and Spanish.

Family PACT Poster — Ethnic Group Specific

•	African American	(24" x 12")	OF4007
•	Filipino	(18" x 22")	OF4008
•	Cambodian	(18" x 22")	OF4009
•	Hmong	(18" x 22")	OF4010
•	Vietnamese	(18" x 22")	OF4011

These posters have the same message as the general Family PACT poster, but are ethnically targeted. The Family PACT phone number is provided on each poster.



OF4005 Eng OF4006 Spn



